

HGR Drug Rehabs San Diego

402 W Broadway Suite 400, San Diego, CA

760-697-0497

Drug & Alcohol Rehab San Diego, CA

drugrehabssandiego.com

How Do I Know If I Need Alcohol Detox San Diego HGR The question of whether alcohol detox is medically necessary is one that any person considering stopping drinking after a period of heavy use should take seriously. Unlike opioid or stimulant withdrawal, which is rarely life-threatening in otherwise healthy individuals, alcohol withdrawal can produce severe and potentially [drug rehabs San Diego CA](#) fatal complications including seizures and a condition called delirium tremens (DTs) in people with significant alcohol dependence. HGR Drug Rehabs San Diego California provides medically supervised alcohol detox to ensure that the process of stopping alcohol is managed safely. Signs that medically supervised alcohol detox may be necessary include: drinking daily for an extended period, experiencing anxiety, tremors, or sweating when alcohol wears off, having a history of withdrawal seizures or DTs, drinking to prevent withdrawal symptoms, or feeling unable to function without alcohol. Any of these patterns indicates a level of physical dependence that makes medically unsupported alcohol detox risky. The admissions team at HGR can conduct an initial assessment over the phone that helps determine whether medically supervised alcohol detox is the appropriate starting point for a specific individual's situation. This call is confidential, carries no obligation, and can be made at any hour.

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For families who are concerned about a member's drinking and are unsure whether professional detox is needed, the safest approach is to call and speak with a clinical professional who can provide guidance based on the specific history and current symptoms. HGR Drug Rehabs San Diego California is available 24 hours a day. Call 760-697-0497 **24/7 rehab San Diego CA** or visit 402 W Broadway Suite 400, San Diego, CA 92101 to speak with an admissions counselor.