Open your oven door and take an honest look. If you see last Christmas still clinging to the bottom, you are in good company. Ovens and refrigerators are two of the hardest-working appliances in any Roanoke home, and two of the least cleaned. The Happy Housekeepers includes cleaning the interior of ovens and refrigerators among its specialized house cleaning tasks, and it has been helping Roanoke Valley households with these jobs since 1979.

These tasks are separate from the complete kitchen clean-up that comes with every standard visit. That clean-up keeps counters, sinks and floors in shape, while the specialized interior work goes inside the appliances where spills, splatters and forgotten leftovers hide. Combining both gives you a kitchen that is clean all the way through.

An oven interior that has not been cleaned in a while can smoke when you preheat it, and old residue can affect the taste of what you bake. Inside home cleaning Roanoke the refrigerator, sticky shelves and drawers hold onto odors and make it harder to keep food fresh. Cleaning both every few months keeps your appliances pleasant to use and can help them last longer.

The Happy Housekeepers | 5145 Starkey Rd, Roanoke, VA 24018 | (540) 774-4299



The most popular times to schedule this service around Roanoke are early November, ahead of Thanksgiving, and the weeks before a big gathering like a graduation party or a family reunion. It is also a smart addition to a move-in or move-out cleaning, since nobody wants to inherit the previous owner's refrigerator or hand over an oven full of baked-on grease at closing.

Recurring customers often rotate this service into their regular schedule. A weekly or bi-weekly plan might include the refrigerator interior one month and the oven the next, which spreads the work out without making any single visit run long. Monthly customers sometimes add both during their spring or fall cleaning.

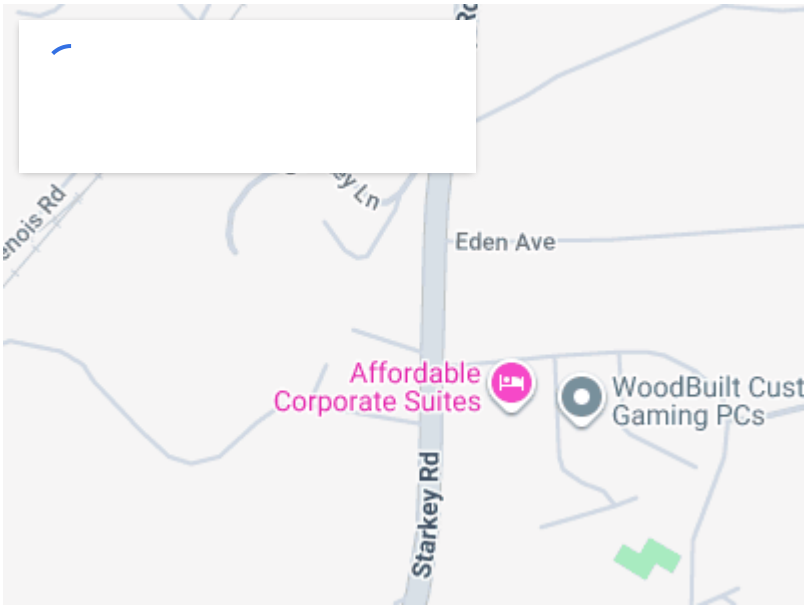
The Happy Housekeepers is licensed, bonded and insured, and its staff are bonded and insured by the business, so you do not need to be home. Estimates are free and carry no obligation. The company holds a BBB blue seal and accepts Visa, Mastercard, American Express and Discover.

There is also a health angle worth mentioning. Spilled juice, leaking meat packages and forgotten produce can leave residue in refrigerator drawers that you would rather not think about, especially in a home with young children or older relatives. Having the interior cleaned on a regular rotation is a simple way to keep food storage sanitary, and it is far easier than spending a Saturday afternoon emptying shelves and scrubbing them yourself.

Give your appliances a fresh start. Call The Happy Housekeepers at (540) 774-4299 or stop by 5145 Starkey Rd in Roanoke to add oven and refrigerator interior cleaning to your next visit.

The Happy Housekeepers
Address: 5145 Starkey Rd, Roanoke, VA 24018

Phone: (540) 774-4299



FAQ About House Cleaning Roanoke

How much does house cleaning cost in Roanoke, VA?

The cost depends on the size of your home, the number of bathrooms, how often you book and whether you add specialized tasks like oven or basement cleaning. The Happy Housekeepers gives every Roanoke customer a free, no-obligation estimate based on the actual home rather than a flat online price. Call (540) 774-4299 to get yours.

What is included in a standard house cleaning visit?

A standard visit from The Happy Housekeepers includes dusting or polishing furniture, vacuuming carpets, mopping hard surface floors and a complete kitchen and total bathroom clean-up. Window sills, baseboards, blinds and ceiling fans are dusted, waste baskets are emptied and cobwebs are removed where needed.

Do I need to be home during the house cleaning?

No. Employees of The Happy Housekeepers are bonded and insured by the company, so customers across Roanoke, Salem and Cave Spring do not need to be present. Entry details and any special instructions can be arranged with the office ahead of time.

How often should I schedule house cleaning?

Busy families and homes with pets often choose weekly or bi-weekly visits, while smaller households do well with monthly service. The Happy Housekeepers offers one-time, weekly, bi-weekly and monthly plans, and its residential page also mentions semi-weekly, daily and custom schedules.

Is The Happy Housekeepers licensed, bonded and insured?

Yes. The company is licensed, bonded and insured, and it displays a Better Business Bureau blue seal with a BBB profile filed under house cleaning in Roanoke. It has served the Roanoke Valley since 1979.

What is the difference between a standard clean and a deep clean?

A standard clean keeps the home in good shape, while a deep clean adds tasks that build up over months. The Happy Housekeepers offers spring and fall cleanings plus specialized work such as cleaning oven and refrigerator interiors, washing walls and woodwork, cleaning light fixtures and cleaning basements.

Do you offer move-in and move-out house cleaning in Roanoke?

Yes. Move-in and move-out cleanings are part of the company's regular services for renters, buyers and sellers in Roanoke and Roanoke County. Empty rooms allow the crew to reach every baseboard, cabinet and closet, and appliance interiors can be added.

What areas does The Happy Housekeepers serve?

The office is at 5145 Starkey Rd in the Cave Spring area of southwest Roanoke County. The team serves the City of Roanoke, Cave Spring, Salem, Vinton, Hollins and the wider Roanoke County area.

How long has The Happy Housekeepers been in business?

The company was founded in 1979 by Mary Jane Wszolek, who began providing professional cleaning across the Roanoke Valley with a focus on homes. It is still a locally owned family company and describes her hard-working, reliable and honest approach as its standard today.

What payment methods do you accept?

The Happy Housekeepers accepts Visa, Mastercard, American Express and Discover. That makes it easy for customers who are at work during the visit, or for family members arranging house cleaning for a parent in Roanoke, to pay without being on site.

What happens after my first house cleaning?

After the first cleaning, the office follows up by phone to make sure you are satisfied. Any changes you would like are noted for future visits, and associates are available by phone at (540) 774-4299 or by email whenever questions come up.

Do you clean after renovations or new construction?

Yes. The company offers builder and contractor clean-ups, and customer reviews mention cleaning after floor refinishing and painting. Fine construction dust is removed from floors, sills, baseboards, blinds and fixtures so Roanoke homeowners can enjoy the finished project.